

Queensland Race Walking Club Inc.

ABN 59 065 512 712

Building on a fine tradition of race walking, 71 years in the making.



February 26th 2026

LBG Walking Carnival 2026

Saturday 6th & Sunday 7 June 2026



The 59th LBG Carnival will be held on Saturday 6th & Sunday 7 June 2026 at Stromlo Forest Park in Canberra. All club members are entitled to compete and represent the State. No qualification standards, all ages, all abilities -U10- Masters. Individual, teams and handicap awards. Individual, team and handicap awards on offer.

Day 1 – Saturday, 6th June 2026

- 9:00am – 1:00pm: Level 3 Racewalk Coaching Clinic - Mark Donahoo
- 2:00pm – 3:00pm: Race walking judging seminar - Zoe
- 2:00pm – 4:00pm: Race walking masterclass (x2)

Day 2 – Sunday, 7th June 2026

Morning Session

- 7:30am: Events 1 & 2 (Open Men's & Women's Marathon)
Events 3 & 4 (Open Men's & Women's Half Marathon).

Note: 5-hour time cut-off applies.

- 11:30am: Events 5 & 6 (Under 20 Men's & Women's 10km)
Events 7 & 8 (Masters / Fitness Men's & Women's 10km).
- 12:30pm: Presentations for Morning Events.

Afternoon Session

- 1:00pm: Events 9 & 10 (Under 10 Boys & Girls 1km)
- 1:15pm: Events 11 & 12 (Under 12 Boys & Girls 2km)
- 1:40pm: Events 13 & 14 (Under 14 Boys & Girls 2km)
- 1:45pm: Presentations – Under 10 (1km)
- 2:00pm: Events 15 & 16 (Under 16 Men's & Women's 3km)
- 2:10pm: Presentations – Under 12 (2km)
- 2:30pm: Events 17 & 18 (Under 18 Men's & Women's 5km)
Events 19 & 20 (Masters / Fitness Men's & Women's 5km)
- 2:40pm: Presentations – Under 14 (2km)
- 3:00pm: Presentations – Under 16 (3km)
- 3:20pm: Events 23 & 24 (Open Men's & Women's 5km)
Events 25 & 26 (Under 20 Men's & Women's 5km).

Note: 40-minute time cut-off applies.

- 4:00pm: Presentations – Under 18 (5km) & Masters/Fitness (5km)
- 4:10pm: Presentations – Open 5km & Under 20 5km

** All remaining official event information and further details on entries procedure & fees are close to being confirmed and we will be releasing this information very shortly.*

THIS WEEK

Queensland Athletics

February 28th UQ St Lucia

4.45pm 3,000 Metre Championships U14/15/16

Entries

[2025/26 Qld Athletics Championships: Qld 3000m & 3000m Walk - Queensland Athletics - revolutioniseSPORT](#)

Entries Close: 27th February 2026, 9.00am

Queensland Masters Athletics

Memorial Day 28th February Saturday SAF

8.10am 3000m Race Walk

9.40am 800m Race Walk

Member Registration

[QMA BRISBANE 2025-26 #13 MEMBERS - Qld Masters Athletics Association Inc - revolutioniseSPORT](#)

Visitor Registration

[QMA BRISBANE 2025-26 #13 VISITORS - Qld Masters Athletics Association Inc - revolutioniseSPORT](#)

Note: there will be no entries on the day, all entries must be made online by Thursday 26th February at 7.00pm

Still to Come

Queensland Athletics

March 7th QSAC

5.30pm 3,000 metres

5.55pm 5,000 metres

March 25th QSAC Wednesday

7.20pm 5,000 metres

<h2>2026 Little Athletics State Championships QSAC</h2> <p>20th – 22nd March</p>
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Friday 20th

3:00pm Girls U10 1100m Walk / Boys U10 1100m Walk

3:45pm Girls U9 700m Walk / Boys U9 700m Walk

6:45pm Girls U13 1500m Walk / Boys U13 1500m Walk

7:40pm Girls U15 1500m Walk / Boys U15 1500m Walk

Girls U16 1500m Walk / Boys U16 1500m Walk

Girls U17 1500m Walk / Boys U17 1500m Walk

Saturday 21st

8:00am Girls U11 1100m Walk / Boys U11 1100m Walk

9:25am Girls U12 1500m Walk / Boys U12 1500m Walk

10:20am Girls U14 1500m Walk / Boys U14 1500m Walk

RESULTS RESULTS RESULTS

Queensland Athletics 10,000 metres Championships

Saturday February 14th

Men 10000m RW Open Championship

- 1 Noah Cooke Qld Race Walking Club 49:12.08
- 2 Koby Irvine Bundaberg 49:30.84
- 3 Alex Bradley Qld Race Walking Club 49:37.82

Women 10000m RW Open Championship

- 1 Milly Sharpe Gladstone Athletics Club 49:49.00
- 2 Olivia Boulton Gold Coast Athletics 52:04.58
- 3 Phoebe Chadwick Qld Race Walking Club 54:45.83
- 4 Elsa Chan Athletics North 54:48.84 +60seconds TR 54.7.3
- 5 Eliza Kelly Qld Race Walking Club 59:01.49
- 6 Brenda Gannon Qld Masters 1:02:30.29
Katya Roche Qld Race Walking Club DNS

QA Dane Bird-Smith Shield Meet

Saturday February 14th

Women 3000m RW Open

- 1 Isabella Welch Starfish Tri-Athletic Club 14:36.53
- 2 Amelia Chisholm Gold Coast Victory 16:14.85
- 3 Violetta Boyd Gold Coast Athletics 16:36.92
- 4 Violet Conway Qld Race Walking Club 16:50.15
- 5 Kiara Waterman Qld Race Walking Club 20:08.47
- 6 Izzy Blackburn Qld Race Walking Club 20:51.65
- 7 Saoirse Nelis Tigers Athletics Club 24:48.94
Elspeth Hooper Gold Coast Victory DNS

Men 3000m RW Open

- 1 Hayden Robertson Qld Race Walking Club 15:12.10
- 2 Cory Lockwood Gold Coast Athletics 15:27.28
- 3 Leo Ramsay Qld Race Walking Club 16:52.93
Lachlan Moore Ignition DNF

Queensland Masters Athletics

Saturday February 14th QSAC

5000 Meter Race Walk

- W30 1 Wilson, Jodie W31 29:02.01
W35 1 Kirwin, Roslyn W37 35:40.76
M50 1 Rapaport, David M51 33:18.09 (29:54.89 60.48%)
2 Patterson, Adam M53 37:21.22 (33:33.29 53.92%)
Nipperess, Dean M54 DNS
W50 1 Dale, Joy W54 39:41.83 (35:17.93 56.74%)
M55 1 Cartwright, Simon M56 36:40.72 (31:35.71 57.26%)
W55 1 Sunderland, Nyle W58 33:04.21 (28:06.58 71.26%)
M60 1 Jimenez Solis, Ignacio M60 24:48.73 (20:25.38 88.58%)
W60 1 Weekes, Anne W63 32:14.78 (26:06.60 76.71%)
M70 1 Bennett, Peter M70 32:12.87 (23:55.74 75.60%)
W80 1 McKinven, Noela W83 46:31.97 (29:41.56 67.46%)

Age Graded Times & Percentages in Brackets

Sunday February 15th QSAC

1,500 Meter Race Walk

- W30 1 Wilson, Jodie W31 7:48.52 7
2 O'Dwyer-Mazur, Roisin W34 9:34.61

W35 1 Kirwin, Roslyn W37 10:09.27
W40 1 Stott, Emma W44 10:36.27
M50 1 Rapaport, David M51 9:31.64
2 Patterson, Adam M53 9:43.38
Nipperess, Dean M54 DNS
W50 1 Dale, Joy W54 11:51.99
M55 1 Cartwright, Simon M56 10:25.17
W55 1 Craswell, Jodie W58 11:52.81
Sunderland, Nyle W58 DNS
M60 1 Jimenez Solis, Ignacio M60 7:00.50
W60 1 Weekes, Anne W63 9:01.44
M70 1 Bennett, Peter M70 8:56.25
M80 1 Hawken, Selwyn M80 ANQ 13:30.53
W80 1 McKinven, Noela W83 13:34



*A happy and colourful bunch of Masters race walkers at the QMA Championships
Photo courtesy of Roslyn Kirwin*

Australian Masters Athletics Championships
Australian Institute of Sport, Leverrier Street, Bruce ACT
March 6-9th 2026



Iggy QMA Nominee AMA Awards

Congratulations to Iggy Jimenez who has been named as the Queensland nominee for Race Walking for the 2026 AMA Awards. The winner will be announced at the AMA National Championships in Canberra. After his standout performances at the Oceania Masters Championships and exceptional results every week during the current track season Iggy will be in with a strong chance to win the award.

Programme

Friday 6th 1,500 metres AIS track

Saturday 7th 5,000 metres AIS track

Monday 9th 10km Stromlo Forest Park

Website : <https://canberra2026.com.au/>

QRWC Winter Road Walk Season

Rules of Race Walking

There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.

With National & State track championships dominating the first quarter of 2026 we are looking at beginning the winter road walk season on Sunday March 29th with the QRWC Sign On Meet & AGM. The first Handicap meet is on April 12th. While we work with other athletics bodies to avoid clashes and to maximise opportunities to compete there may be times when an athlete will have to make a decision on what event to participate in. Firm dates, venues, race programmes and membership information will be added in the coming weeks

Our season will run until September with meets on most Sunday mornings at various venues. After the Sign On Day meet the season consist of;

- Ten graded Handicap Meets where members score points towards end of season trophies.
- Gold Coast Road Walk Championships
- Australian Federation of Race Walking Clubs Postal Match
- QRWC Track Championships
- QRWC Road Walk Championships

NEW. This year the QRWC has been offered the exciting opportunity to conduct the **Qld All Schools Race Walks** at one of our programmed Handicap meets. This will allow race walkers another opportunity to compete as last year it was just part of the QA Road Walk Championships. The Committee is currently looking at dates, distances and a venue. Stay tuned for further updates.

Plus, the opportunity to compete in these State or Interstate Carnivals

LBG Walking Carnival in Canberra

Queensland Athletics Road walk Championships

Athletics Australia Junior Road Walk C/Ships in Ballarat

QRWC Handicap Meets and Points

At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.

Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table. The member placed 1st, based on the handicap results, receives the highest points

Starting points are awarded for starting the event.

Completed points are awarded for finishing the race distance.

The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.

To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.

An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

QRWC Membership

Many of our members who have been competing during the track season as a member of QRWC are registered through to the end of September 2026. These athletes are all set for entering winter road walk competitions and the QA Road Walk Championships. So, no need to take action until the first race portal opens.

New or existing non financial members who wish to join the club and compete in the QA Road Walk Championships are encouraged to register on the RevSport Portal

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

QRWC Membership Fee \$25.00 ((club fee on top of Qld Athletics membership)

Weekly Race Fees

Members \$5

Visitors \$10

Any membership questions please email the Registrar qrwcregistrar@gmail.com

MONTH	DATE	EVENT	VENUE
February	21-22	QMA Track Championships	SAF
	21	QA 10,000 metres Championships	QSAC
March	6-9	AMA National Championships	Canberra
	15	AA Half Marathon Championships	Adelaide
	20-22	QLAA State Championships	QSAC
	29	QRWC Sign On Day/AGM	Kalinga Park
April	5	Easter Sunday	No competition
	12	QRWC Handicap #1	TBC
	12	WA Race Walk Team C/Ships	Brazil
	13-14	ALAA Track Championships	Brisbane
	15-20	AA Junior Track Championships	Brisbane
	22-24	UniSport Championships	Runaway Bay
	26	QRWC Handicap #2	TBC
May	3	QRWC Handicap #3	TBC
	10	Mother's Day	No club competition
	17	QRWC Handicap #4	TBC
	19-22	Oceania Athletics Championships	Darwin
	24	QRWC Handicap #5	TBC
	31	Gold Coast Road Walk C/Ships	Mudgeeraba
June	7	LBG Federation Meet	Mt Stromlo Canberra
	14	QRWC Handicap #6	TBC
July	5	Gold Coast Marathon	Southport

	12	QA Road Walk Championships	TBC
	31	Comm Games 10km Men	Glasgow
August	1	Comm Games 10km Women	Glasgow
	8	WA U20 Championships	Oregon USA
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	23	AA Junior Road Walk C/Ships	Ballarat
September	6	Father's Day	No club competition
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

QRWC Sign-On Day /AGM Sunday March 29th

Kalinga Park

No points races

8.00am 3km / 5km

8.45am 2km / 1km

9.30am AGM

QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors MUST wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)

14th Pan Pacific Masters Games

Gold Coast 6th – 15th November

**1 WEEK
UNTIL ENTRIES OPEN**

Entries open March 3rd

Road Walk -10km

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

Step out with purpose in the endurance test of Road Race Walking at the Pan Pacific Masters Games. Athletes must maintain contact with the ground and keep their technique sharp as they cover the distance at speed, combining stamina, rhythm, and discipline. Every stride is judged, making focus and form just as important as fitness.

Road Race Walk is a true showcase of determination, control, and endurance.

Track & Field

Saturday 7 November Gold Coast Performance Centre

Sunday 8 November Gold Coast Performance Centre

Monday 9 November Gold Coast Performance Centre

Games Fees

- **\$140 Early Bird** (3 March – 31 May)
- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

Sports Fees

Track TBA

10km Road Walk \$30

2026 AA Half Marathon Race Walking Championships

War Memorial Drive, Adelaide, South Australia

March 15th 2026

This competition includes the Half Marathon Race Walking Championship for men and women and also a 10km event for athletes under 20. The Under 20 event serves as a trial for the World Teams Race Walking event in April.

Competition Timetable

8:00am - Half Marathon Race Walk - Men and Women

8:20am - 10km Race Walk - Under 20 Men and Under 20 Women

[Roster Athletics · 2026 Australian Athletics Half Marathon Race Walking Championships](#)

Entries for the Half Marathon and the Under 20 10km Walk will close on 24 February at 5:00pm. No late entries will be accepted.

Entry standards are 2:00:0 for men and 2:15.0 for women, athletes should not enter if they have not met these standards.

World Athletics Race Walking Team Championships Brasilia, Brazil on 12 April 2026

SUNDAY 12 APR 2026		
7:00	MARATHON RACE WALK	M/W
7:30	U20 10KM RACE WALK	M
8:30	U20 10KM RACE WALK	W
11:05	HALF MARATHON RACE WALK	M
12:50	HALF MARATHON RACE WALK	W



Selection standards and policy on which Australian Athletics will select its representative team for the World Race Walking Team Championships in Brasilia, Brazil, 12 April 2026

Men	Event	Women
43:00 at 10km or 10,000m	10km (Under 20)	50:00 at 10km or 10,000m
1:26:00 at 20km or 1:31:30 at half marathon	Half Marathon	1:36:00 at 20km or 1:42:00 at half marathon
2:40:00 at 35km or 3:18:00 at marathon	Marathon	2:58:00 at 35km or 3:40:00 at marathon

The qualification period is:

Events	Dates
10km, half marathon, marathon race walk	1 January 2025 – 15 March 2026

All performances must be achieved during official competitions which must be sanctioned by World Athletics. A complete list of sanctioned competitions is available online. Performances on both the track and the road are accepted as qualifying performances. All performances

accepted by World Athletics and appear in World Athletics lists as valid performances will be accepted by Australian Athletics.

A selection trial will be held for all events as per the table below:

Events	Competition	Dates
Under 20 10km race walk	Specific Trial, Adelaide	15 March 2026
Senior half marathon race walk	Australian Championships, Adelaide	15 March 2026
Senior marathon race walk	Australian Championships, Canberra	29 November 2025

2026 National Junior Athletics Championships QSAC Brisbane

Australian Athletics (AA), and Little Athletics Australia (LAA), are pleased to announce dates for the inaugural aligned athletics championships in Brisbane in 2026.

April 13 – 14 Australian Little Athletics Championships

Draft walks programmer

Monday 13th April

9.30am Girls U13 1500m Walk
9.50am Boys U13 1500m Walk
11.10am Girls U12 1500m Walk
11.30am Boys U12 1500m Walk

April 15 – 20: Australian Athletics Junior Championships

Thursday 16th April

10.00am 3000m Race Walk U14 Men
10.00am 3000m Race Walk U14 Women
5.25pm 5000m Race Walk U17 Women
5.25pm 5000m Race Walk U18 Women

Friday 17th April

11.15am 5000m Race Walk U17 Men
11.15am 5000m Race Walk U18 Men

Monday 20th April

10.55am 3000m Race Walk U15 Women
10.55am 3000m Race Walk U16 Women
11.45am 3000m Race Walk U15 Men
11.45am 3000m Race Walk U16 Men

2026 Oceania Athletics Championships Darwin May 2026

Tuesday 19 May

10:25am Masters Men 3,000m Race Walk
Masters Women 3,000m Race Walk

Friday 22 May

7:00am Masters Women 5000m Racewalk
Under 18 Women 5000m Racewalk
Under 20 Women 5000m Racewalk
8:00am Masters Men 5000m Racewalk
Under 18 Men 5000m Racewalk
Under 20 Men 5000m Racewalk

<https://athletics-oceania.com/oceania-athletics-area-championships/>

Note: The 10,000m Walk Oceania Championships will be conducted at a different venue and time, with further information to be provided to Federations in early 2026.
The Open team will be operated by Australian Athletics, while the U18 team will be run by Queensland Athletics.

Important Masters Meets in 2026/27

2026 WMA Outdoor Championships

Date: August 22- September 3, 2026

Venue: Daegu Stadium, Daegu S.K.

From the 1st July 2026 the only Australian uniform that you will be able to wear is the AMA Valour uniform. All athletes intending to compete at the World Champs in Daegu will need to have the Valour competition uniform.

AMA will be opening the Uniform Shop for orders in March /April and will have sample sizes at the Australian Championships for athletes to try on.

2027 Oceania Masters Athletics Championships



- Date: January 27 – 31, 2027
- Venue: Ngā Puna Wai Sports Hub Christchurch NZ
- Entries open in August 2026

2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA

QA MEMBERSHIP INFORMATION 2025-2026

Season Period: 01 OCTOBER 2025 – 30 SEPTEMBER 2026

The Queensland Racewalking Club (QRWC) is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at Queensland Athletics (QA) meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership.

Membership Fee: \$25.00 (club fee on top of Qld Athletics membership)

[Click here to register Membership - Qld Race Walking Club - revolutioniseSPORT](#)

Racewalking Queensland Management Committee 2025/26

President: P Bennett

Vice President. J Blackburn

Secretary: N. McKinven

Treasurer Vacant

Committee: S Pearson, I Jimenez, R Wales, J Dale, B Gannon, S Dale

Patron: S Perkins
Registrar: S Dale
Handicapper A Guevara / N McKinven
Uniforms: S Dale
Publicity / Media P Chadwick
Results R Wales / N McKinven
Newsletter Editor: P. Bennett
Equipment Officer. Ignacio Jimenez & Noela McKinven
Canteen Convenor R Wales, J Dale
Blue Card Co-ordinator B Gannon
Club Captains: Phoebe Chadwick, Alex Bradley
Vice Captains Mia Bergh, Kai Dale

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 3 Performance coach
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 2 Development coach
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

Website

[Queensland Race Walking Club](#)

About us*Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.